

Conferencia: Síndrome de tos habitual y sus variantes

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Habit cough is one of several functional respiratory disorders. Functional disorders are those that have no underlying disease etiology but are nonetheless associated with symptoms and physiological dysfunction. Habit cough in its classical form is a repetitive harsh barking cough that limits activity and social function such as attending school. A *sine quo non* of the habit cough and other functional disorders is the complete absence once asleep (even if the symptoms interfere with getting to sleep). Variations include habit throat clearing, habit sniffing, habit nose blowing, and habit sneezing. Examples of some these will be audiovisually presented. Treatment by suggestion therapy will be described and alternative treatments proposed in the medical literature will be reviewed.