



Por un niño sano
en un mundo mejor

7^{mo} Congreso Argentino de Neumonología Pediátrica

El laboratorio pulmonar en la
práctica clínica

Miércoles 18,9:30hs

Pruebas de función pulmonar
y tos crónica

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Objetivos

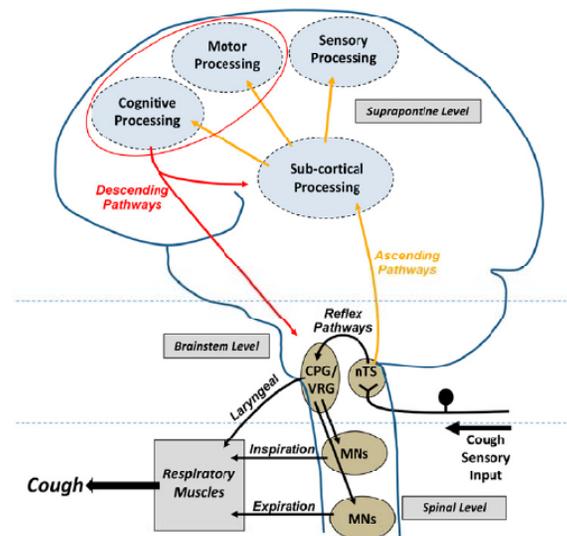


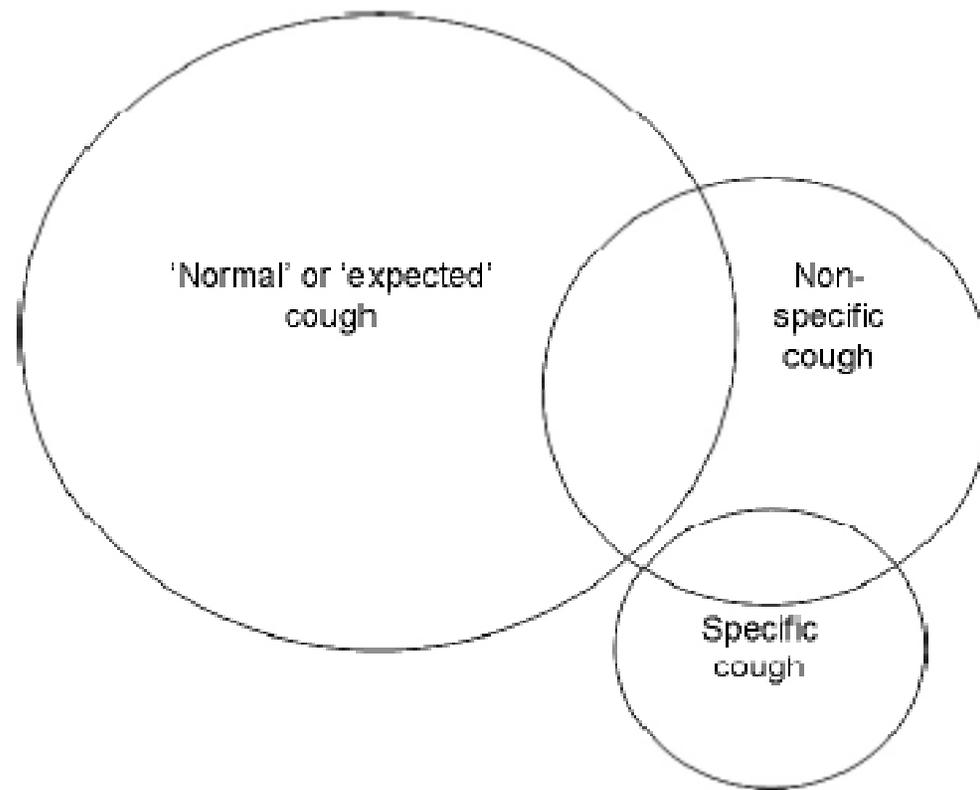
- + Breve introducción sobre la TOS
- + Estudios funcionales según la edad y patología



Introducción: TOS (1)

- Es un mecanismo de defensa para eliminar de la vía aérea partículas extrañas
- 3 fases: inspiración, compresión y expulsión
- Estímulos sensoriales de las vías respiratorias alcanzan el tronco cerebral por vía vagal





Chang AB: **Causes, assessment and measurement in children.** In *Cough: Causes, Mechanisms and Therapy* Edited by: Chung FK, Widdicombe JG, Boushey HA. London: Blackwell Science; 2003:57-73.



Etiología de tos crónica en niños

Infecciosas	Virus, Clamydia, Pertussis, Mycoplasma, TBC
Obstrucción crónica	Asma, Bronquiectasias, FQ, SPPV
Parénquima pulmonar	Enfermedades intersticiales, sarcoidosis, sme de hipersensibilidad
Compresión extrínseca	Anillos vasculares, adenopatías, tumores, cardiomegalia
Cardiopatías congénitas	Con hiperflujo
Obstrucción endoluminal	Cuerpo extraño
Malformaciones broncopulmonares	
Esofágicas	REG, fístula traqueoesofágica
Fármacos	ACE, β bloqueantes
Irritantes de la vía aérea	Tabaquismo, químicos
Vía aérea superior	Rinitis, rinosinusitis

Evaluación



- Clínica
- Estudios complementarios: Pruebas de función pulmonar





Antecedentes personales

Síntomas neonatales
Sibilancias asociadas a la alimentación y/o vómitos
Esteatorrea
Estridor

Antecedentes familiares

Sibilancias
Tos
Dificultad para respirar
Disnea

Naturaleza de los síntomas

Intensidad
Frecuencia
Estacionalidad
Variabilidad diaria- Síntomas nocturnos
Factores predisponentes y/o agravantes

Características de los síntomas

Características de las crisis

Conurrencias a sala de emergencia
Internaciones
UCIP

Tratamiento farmacológico

Dosis
Formas de administración
Respuestas
Efectos adversos

Impacto de la enfermedad en el niño y su familia

Actividad física
Ausentismo escolar
Trastornos del sueño

+ Lactantes



- Pruebas funcionales en lactantes (PFL) se han realizado con fines de investigación
- Personal capacitado y entrenado
- Alta frecuencia de enfermedades respiratorias crónicas en la infancia, PFL están ausentes en muchos centros pediátricos en el mundo



Novedades en PFL en EPC



- Asma /Sibilancias recurrentes
- Displasia Broncopulmonar
- Fibrosis Quística
- Otras patologías





Asma/Sibilancias



Asthma

Lung function and clinical risk factors for asthma in infants and young children with recurrent wheeze

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A Clinical Index to Define Risk of Asthma in Young Children with Recurrent Wheezing

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Respiratory Sciences Center, University of Arizona, College of Medicine, Tucson, Arizona

Thorax 2009;**64**:203–209.

**Table 1** Comparison of wheezy and healthy children: background characteristics and lung function results

Background details	High risk† wheezy children (n = 17)	Low risk† wheezy children (n = 33)	All wheezy children (n = 50)	Healthy controls (n = 30)	Mean difference (95% CI) All wheezy – healthy children	p Value
Gestational age (weeks)	38.9 (1.1)	39.0 (0.9)	39.0 (1.0)	39.6 (1.0)	-0.6 (-1.0 to -0.09)	0.02
Birth weight (kg)	3.4 (0.5)	3.3 (0.4)	3.3 (0.4)	3.3 (0.4)	0.02 (-0.2 to 0.2)	0.8
Birth weight z score	0.3 (0.9)	0.1 (0.8)	0.1 (0.9)	-0.2 (0.8)	0.3 (-0.1 to 0.7)	0.1
Male (n (%))	9 (53)	23 (70)	32 (64)	18 (60)	4 (-17 to 25)	0.75
Maternal smoking during pregnancy (n (%))	6 (35)	8 (24)	14 (28)	5 (17)	11 (-9 to 28)	0.25
At time of test						
Postnatal age (weeks)	60.6 (16.9)	64.6 (16.6)	63.2 (16.6)	55.0 (17.0)	8.1 (0.4 to 15.9)	0.04
Weight (kg)	11.2 (2.2)	11.0 (1.6)	11.1 (1.8)	9.7 (1.2)	1.4 (0.7 to 2.2)	0.0001
Weight z score	0.7 (1.6)	0.3 (1.1)	0.4 (1.3)	-0.3 (1.0)	0.7 (0.2 to 1.3)	0.01
Length (cm)	79.8 (5.6)	79.9 (5.4)	79.8 (5.4)	76.7 (4.6)	3.2 (0.8 to 5.5)	0.01
Length z score	1.0 (1.4)	0.6 (1.2)	0.7 (1.2)	0.5 (1.2)	0.2 (-0.3 to 0.8)	0.4
Lung function indices						
FEV _{0.5} z score	-1.8 (1.0)*	-1.1 (1.1)**	-1.4 (1.1)***	-0.4 (1.0)****	-1.0 (-1.5 to -0.5)	0.0001
FEF ₂₅₋₇₅ z score	-2.2 (1.1)*	-1.6 (0.8)**	-1.80 (0.9)***	-1.00 (0.8)****	-0.8 (-1.2 to -0.4)	0.0001
FEF ₇₅ z score	-1.7 (1.2)*	-1.3 (0.7)**	-1.4 (0.9)***	-0.8 (0.8)****	-0.6 (-1.0 to -0.2)	0.0001
FVC z score	-1.2 (1.0)*	-0.5 (1.0)**	-0.7 (1.1)***	-0.03 (1.3)****	-0.7 (-1.2 to -0.1)	0.01
V _{maxFRC} z score	-2.2 (1.0)	-1.7 (1.0)	-1.9 (1.0)	-1.5 (0.9)	-0.4 (-0.9 to 0.1)	0.1
Respiratory rate (bpm)	30.4 (8.3)	29.7 (6.0)	29.9 (6.8)	30.2 (5.6)	-0.3 (-3.2 to 2.7)	0.9
Vt/kg (ml)	10.0 (1.5)	9.8 (1.1)	9.9 (1.2)	9.9 (1.5)	-0.1 (-0.7 to 0.6)	0.9
t _{PEF} /t _E	0.24 (0.1)	0.26 (0.1)	0.25 (0.1)	0.29 (0.1)	-0.03 (-0.1 to 0.01)	0.2

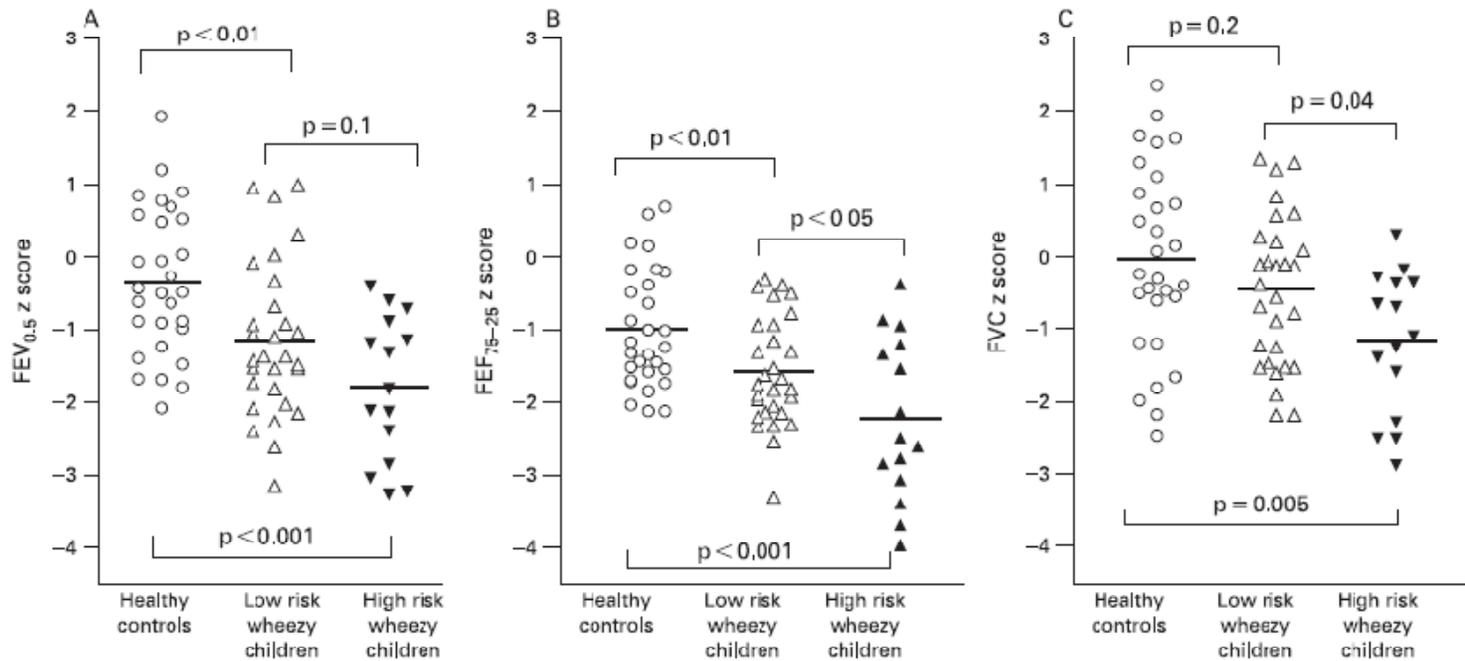


Figure 2 Comparison of FEV_{0.5}, FEF₇₅₋₂₅ and FVC z scores in healthy controls and wheezy subgroups. Results from individual children are shown, with mean values (indicated by the horizontal bar) for each subgroup. For mean difference and 95% CI of the difference between the subgroups, please refer to table 2. FEV_{0.5}, forced expiratory volume at 0.5 s; FEF₂₅₋₇₅, average forced expired flow over the mid 50% of FVC; FVC, forced vital capacity.

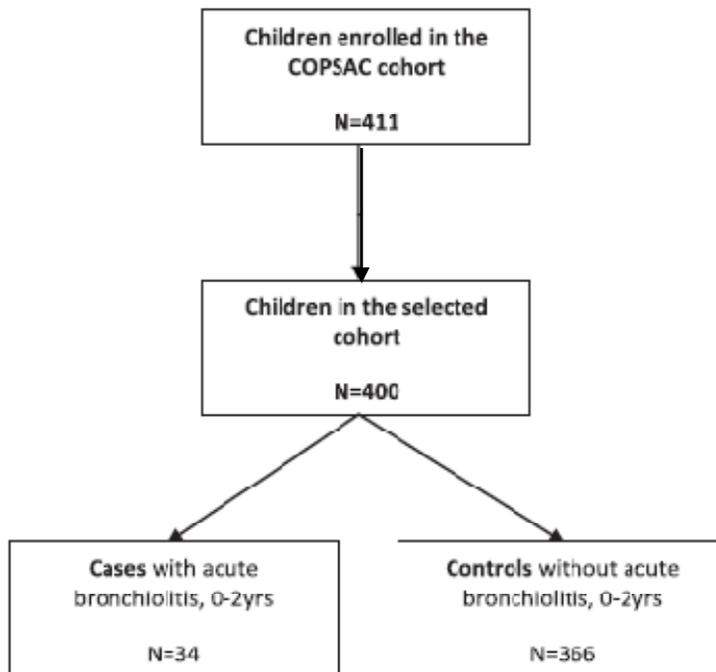
Conclusiones: Este estudio demostró que los flujos forzados a volúmenes pulmonares aumentados (no $V'_{\max\text{FRC}}$, V_T , t_{PTEF}/t_E) estuvieron disminuidos durante los dos primeros años de vida en los lactante sibilantes recurrentes. En los niños con API+ presentaron CVF y FEF₂₅₋₇₅ más bajos que el grupo control sin factores de riesgo ($p 0.01$, $p 0.001$).



Asthma and lower airway disease

Neonatal bronchial hyperresponsiveness precedes acute severe viral bronchiolitis in infants

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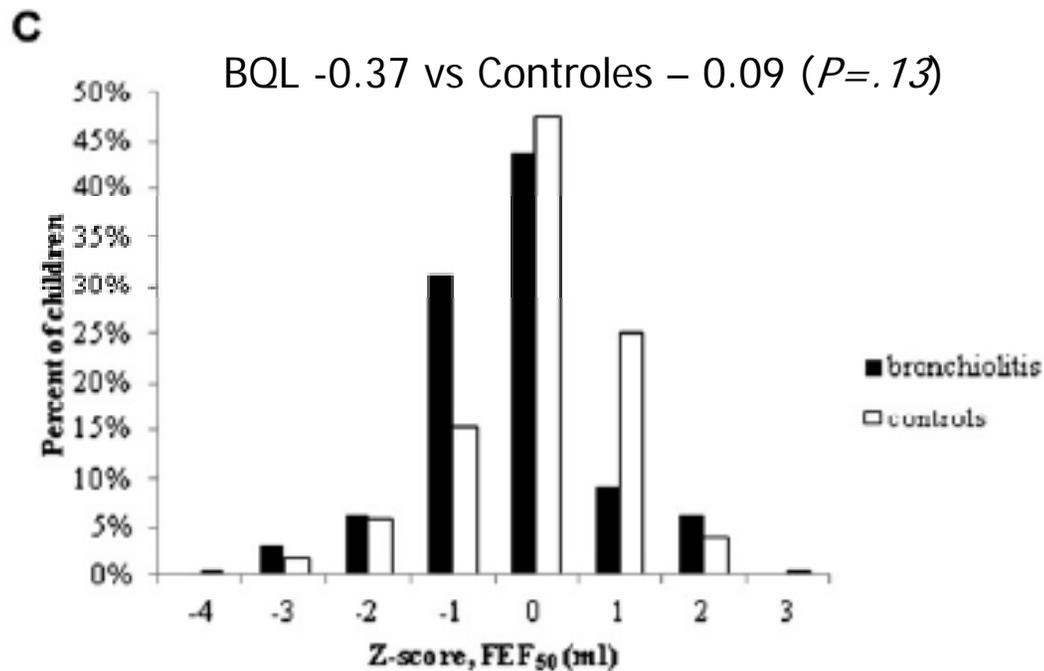
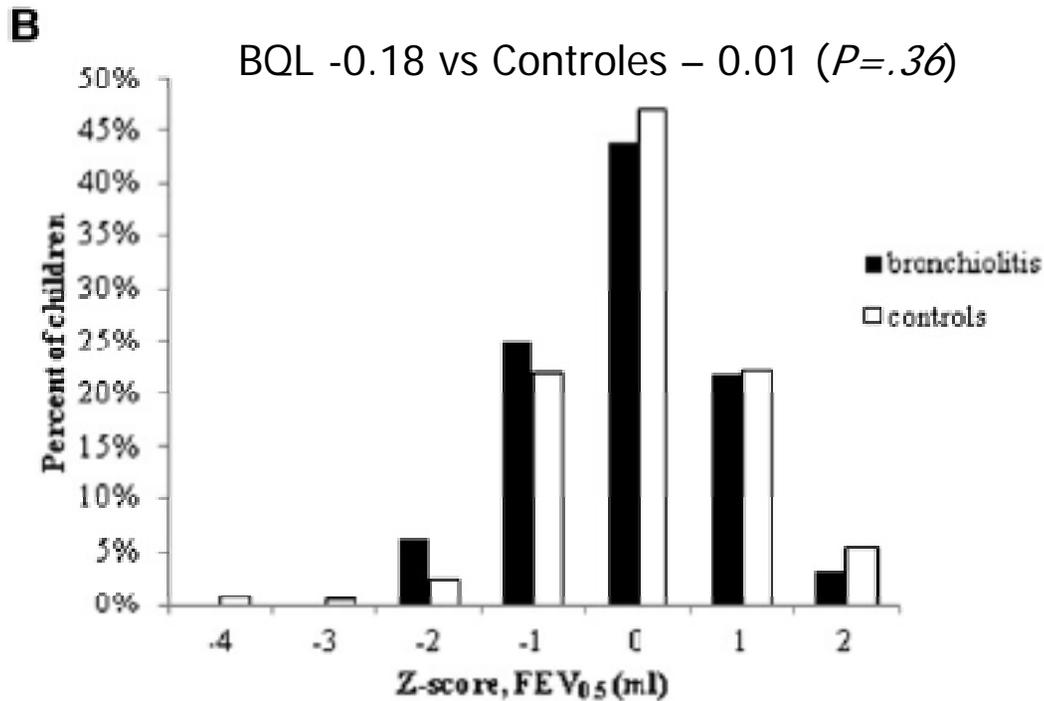


- Al mes de edad: RVRTC
- Metacolina
- Hiperreactividad bronquial: PtcO₂
- PD₁₅: Caída en un 15% de PtcO₂



TABLE I. Baseline characteristics of the study group

	Primary end point		Secondary end points			P value
	Control subjects (n = 366)	Bronchiolitis cases* (n = 34)	RSV-induced bronchiolitis cases (n = 23)	Non-RSV-induced bronchiolitis cases† (n = 9)	Asthma-like cases (n = 11)	
Baseline characteristics						
Sex						
Male (no.)	64.7% (22)	48.4% (17)	—	—	—	.07¶
Anthropometrics						
BMI at birth (cm/kg ²), median (IQR)	12.5 (11.6-13.7)	12.8 (12.0-13.7)	—	—	—	.25#
Environment						
Smoking, 3rd trimester (no.)	35.3% (12)	13.1% (4)	—	—	—	.005¶
Alcohol, 3rd trimester (no.)	14.7% (5)	18.6% (6)	—	—	—	.58¶
Cat at birth (no.)	17.7% (6)	14.8% (5)	—	—	—	.65¶
Dog at birth (no.)	14.7% (5)	13.6% (4)	—	—	—	.86¶
Older siblings at birth (no.)	52.9% (18)	42.4% (15)	—	—	—	.23¶
Household income at birth (no.)						.50††
Low, <53,000€	30.3% (10)	29.6% (10)	—	—	—	
Medium, 53,000€-80,000€	54.6% (18)	45.6% (15)	—	—	—	
High, >80,000€	15.2% (5)	23.8% (8)	—	—	—	
Paternal history of asthma (no.)	24.2% (8)	16.5% (5)	—	—	—	.26¶
Age at start of day care (d), median (IQR)	296 (230-349)	341 (240-417)	—	—	—	.08#
Solely breast-fed (d), median	120 (72-179)	122 (89-155)	—	—	—	.47#
<p>Children with acute severe bronchiolitis reacted to lower doses of methacholine compared with the control group (median PD₁₅ [PtcO₂] dose in cases vs control subjects, 0.13 vs 0.33 μmol; P = .01; Fig 1,A).</p>						
DENDTB genotype (rs2786098)						
AA	3.5% (1)	4.2% (1)	—	—	—	.17**
AB	13.8% (4)	27.5% (9)	—	—	—	
BB	82.7% (24)	68.3% (22)	—	—	—	
Atopic intermediary markers						
Allergic sensitization‡ (18 mo [no.])	9.1% (3)	12.0% (3)	0% (0)	22.2% (2)	20.0% (2)	.78††
Blood eosinophil count (18 mo [10 ⁹ /L]), median (IQR)	0.27 (0.18-0.43)	0.21 (0.13-0.32)	0.26 (0.18-0.43)	0.21 (0.15-0.38)	0.41 (0.22-0.48)	.03#
Total IgE (18 mo [kU/L]), median (IQR)	15.3 (6.3-29.5)	8.2 (3.9-17.1)	15.5 (6.3-28.0)	10.2 (4.7-30.2)	7.0 (5.2-30.9)	.03#
Episodes of troublesome lung symptoms.§ median (IQR)	2 (1-6)	1 (1-2)	1 (1-5)	6 (3-7)	2 (1-4)	.0005§§
Eczema (0-2 y [no.])	38.2% (13)	38.4% (13)	30.4% (7)	66.7% (6)	40.0% (4)	.98¶
Episode characteristics						
Fever at diagnosis (no.)	—	59% (20)	57% (13)	56% (5)	36% (4)	—
Auscultation						
Crepitations (no.)	—	41% (14)	44% (10)	33% (3)	27% (3)	—
Rhonchi (no.)	—	85% (29)	78% (18)	100% (9)	91% (10)	—
Hospitalization (no.)	—	62% (21)	83% (19)	22% (2)	36% (4)	—
Days hospitalized, median (range)	—	3 (1-15)	4 (1-15)	2 (2-2)	2 (1-4)	—



Conclusiones:

- La HRB en RN incrementa el riesgo de BQL aguda severa.
- HRB en RN factor de riesgo



Displasia Broncopulmonar



Pediatric Pulmonology 47:674–681 (2012)

Lung Function Among Infants Born Preterm, With or Without Bronchopulmonary Dysplasia

Manuel Sanchez-Solis, MD,¹ Luis Garcia-Marcos, MD,^{1*} Vicente Bosch-Gimenez, MD,² Virginia Pérez-Fernandez, MS,³ Maria D. Pastor-Vivero, MD,¹ and Pedro Mondéjar-Lopez, MD¹

- 75 niños (43 con DBP y 32 sin DBP)
- PN < 1500 gr
- FVC, FEV_{0.5}, FEF₅₀, FEF₇₅, FEF₈₅, FEF_{25–75}, FEV_{0.5}/FVC, V'_{maxFRC}
- Z scores

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TABLE 1—Demographic Characteristics of Infants With and Without Bronchopulmonary Dysplasia (mean and SD for numerical variables; and absolute number and percentage for gender and tobacco smoke exposure)

	All infants (N = 75)	With BPD ¹ (N = 43)	Without BPD (N = 32)	P-value between groups of BPD diagnosis
Male gender		23 (53.4)	21 (65.6)	0.291
Gestational age (weeks)	27.9 (2.33)	26.7 (1.7)	29.6 (2.0)	<0.001
Natural conception	71 (94.7)	41 (95.3)	30 (93.7)	0.760
Corrected age (months)	7.0 (5.9)	7.5 (5.7)	6.3 (6.3)	0.379
Neonatal weight (z-score)	-0.016 (1.2)	0.06 (1.0)	-0.115 (1.4)	0.547
Mother smoked in pregnancy	20 (26.7)	9 (20.9)	11 (34.4)	0.193
Current tobacco smoke exposure	31 (41.3)	15 (34.9)	16 (50.0)	0.189
Mechanical ventilation (days)	N.A	16.4 (15.4)	N.A	N.A.
V ¹ maxFRC (z-score)	-1.47 (0.9)	-1.59 (0.8)	-1.30 (1.0)	0.170
FVC (z-score)	-0.98 (1.0)	-1.16 (0.9)	-0.73 (1.1)	0.078
FEV _{0.5} (z-score)	-1.35 (0.9)	-1.57 (0.7)	-1.05 (1.1)	0.018
FEV _{0.5} /FVC (z-score)	-0.44 (0.8)	-0.48 (0.8)	-0.38 (0.8)	0.579
FEF ₅₀ (z-score)	-1.85 (0.8)	-2.06 (0.6)	-1.56 (1.0)	0.010
FEF ₇₅ (z-score)	-1.20 (1.0)	-1.48 (0.8)	-0.82 (1.2)	0.007
FEF ₈₅ (z-score)	-0.63 (0.8)	-0.84 (0.6)	-0.35 (1.1)	0.012
FEF ₂₅₋₇₅ (z-score)	-2.12 (1.1)	-2.46 (0.7)	-1.68 (1.3)	0.001

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TABLE 2—Multiple Regression Analysis of the Relationship Between Bronchopulmonary Dysplasia and Lung Function Measurements in the Whole Population and Stratified by Gender

	Whole population ³			Male gender ⁴			Female gender ⁴		
	β^1	95% CI ²	P-value	β^1	95% CI ²	P-value	β^1	95% CI ²	P-value
FVC z-score	-0.498	-1.107;0.110	0.107	-0.511	-1.373;0.350	0.237	-0.152	-1.269;0.966	0.782
FEV _{0.5} z-score	-0.612	-1.168;-0.056	0.031	-0.780	-1.515;-0.045	0.038	0.106	-0.965;1.177	0.841
FEV _{0.5} /FVC z-score	-0.083	-0.574;0.406	0.734	-0.296	-0.933;0.341	0.352	0.471	-0.434;1.376	0.293
FEF ₅₀ z-score	-0.683	-1.186;-0.180	0.009	-0.880	-1.560;-0.200	0.013	0.108	-0.692;0.909	0.782
FEF ₇₅ z-score	-0.634	-1.267;0.002	0.049	-0.985	-1.766;-0.204	0.0150	-0.0380	-1.437;1.360	0.955
FEF ₈₅ z-score	-0.758	-1.245;-0.270	0.003	-0.688	-1.372;-0.004	0.049	-0.894	-1.835;0.046	0.061
FEF ₂₅₋₇₅ z-score	-0.943	-1.569;-0.308	0.004	-1.212	-2.060;-0.365	0.006	-0.040	-1.147;1.067	0.941
VmaxFRC	-0.384	-0.938;0.169	0.171	-0.162	-0.807;0.481	0.612	-0.978	-2.239;0.283	0.122

■ Conclusiones: Los bebés prematuros de sexo masculino con DBP tuvieron flujos espiratorios más bajos durante los dos primeros años, en comparación con bebés prematuros varones sin DBP.

Development of lung function in very low birth weight infants with or without bronchopulmonary dysplasia: Longitudinal assessment during the first 15 months of corrected age



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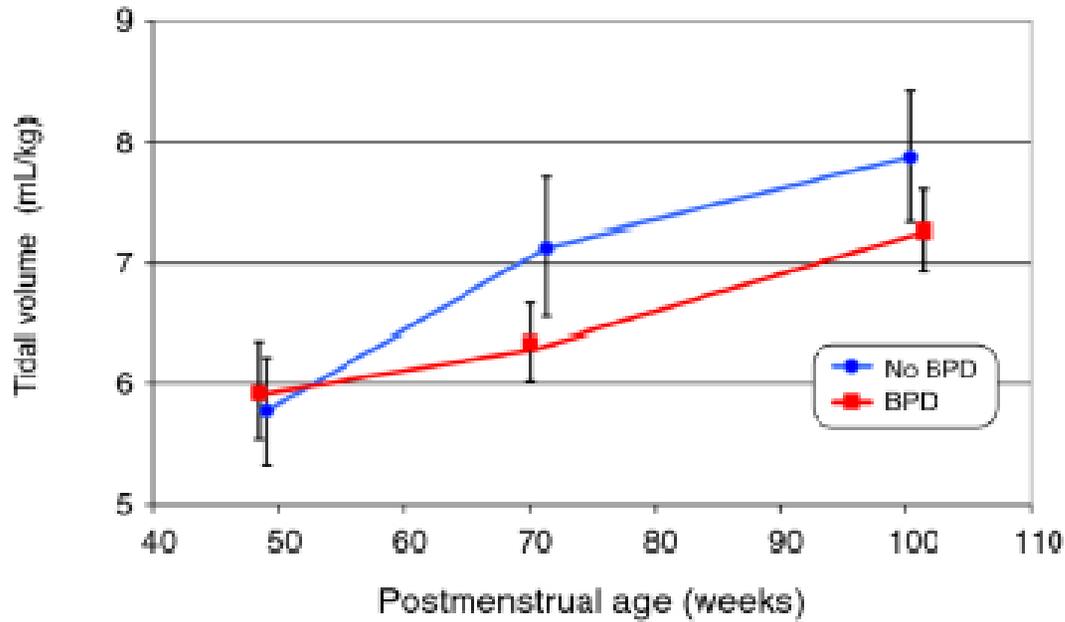
- 55 RNPT de < 1500 gr
- 29 DBP
- Variables: Parámetros a volumen corriente, mecánica pulmonar y $V'_{\max\text{FRC}}$
- Fx pulmonar: 3 veces

Table 1 Patient characteristics in the neonatal period, shown as means with SDs (in brackets) or as numbers with percentages (%).

	Without BPD N = 26	With BPD N = 29	p-value
Gestational age (weeks)	29.08 (2.12)	26.41 (2.19)	< 0.001
Birth weight (g)	1124.1 (248.3)	815.7 (243.1)	< 0.001
Birth weight < 1,000 g	7 (27%)	25 (86%)	< 0.001
Fetal lung maturation ¹⁾	14/19 (74%)	12/17 (71%)	1.000
Surfactant administration ¹⁾	18/20 (90%)	18/20 (90%)	1.000
Mechanical ventilation	15 (58%)	29 (100%)	< 0.001
Mechanical ventilation for ≥ 7 d	2 (8%)	16 (55%)	< 0.001



Body Weight-Related Tidal Breathing Parameters



COVARIATES

$P_{GA} = 0.003$

$P_{BW} = 0.011$

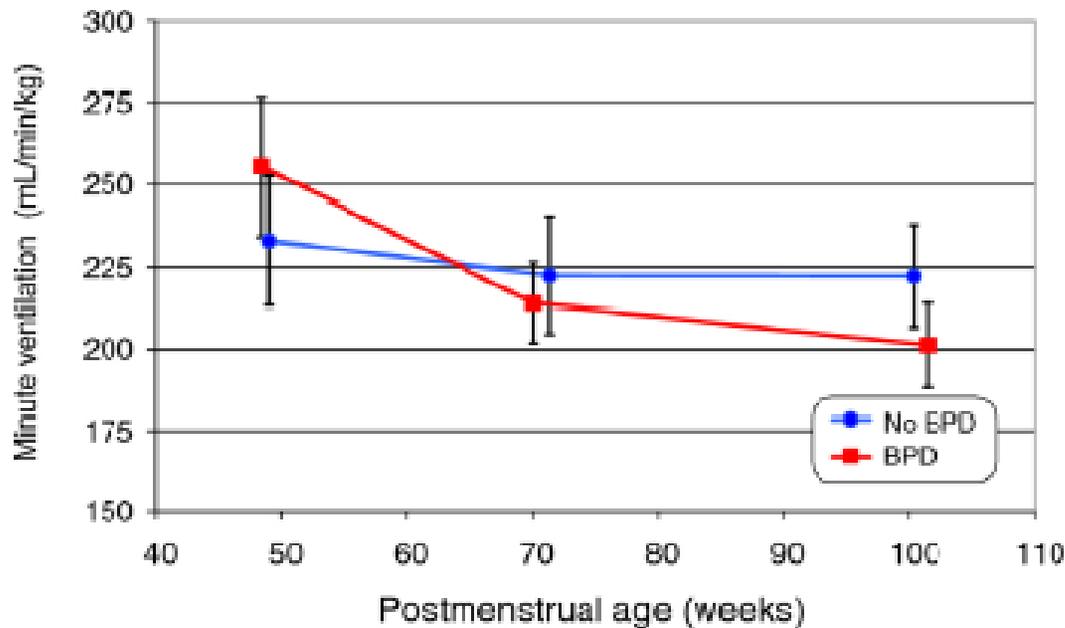
MAIN EFFECTS

A: $P_{PMA} < 0.001$

B: $P_{BPD} = 0.123$

INTERACTION

$P_{AB} = 0.049$



COVARIATES

$P_{GA} = 0.024$

$P_{BW} = 0.046$

MAIN EFFECTS

A: $P_{PMA} < 0.001$

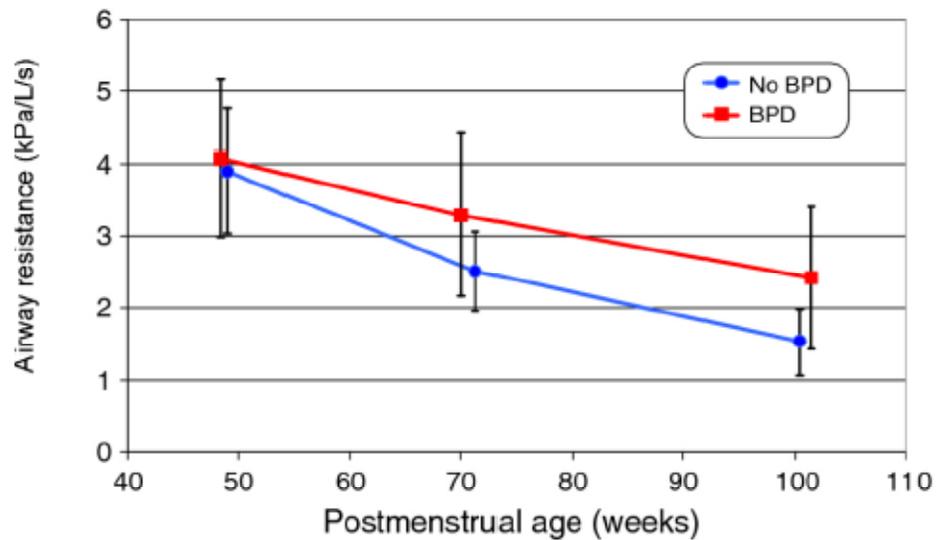
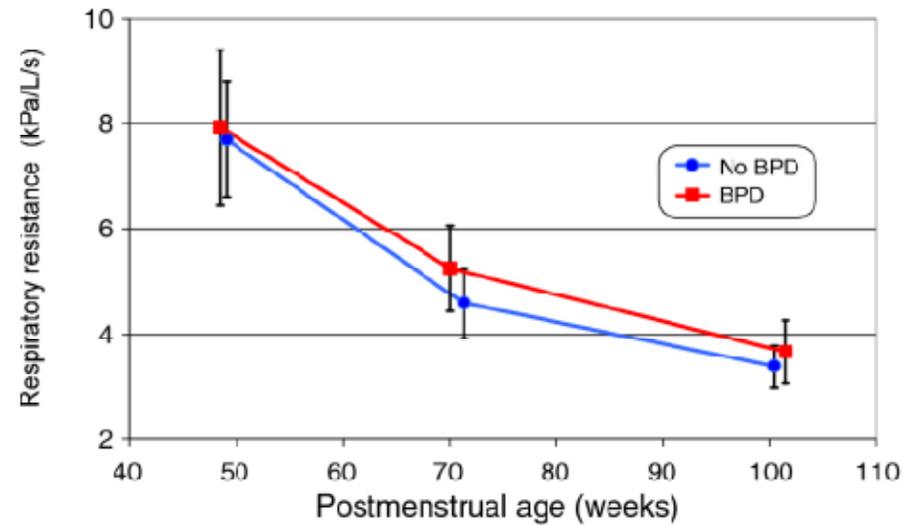
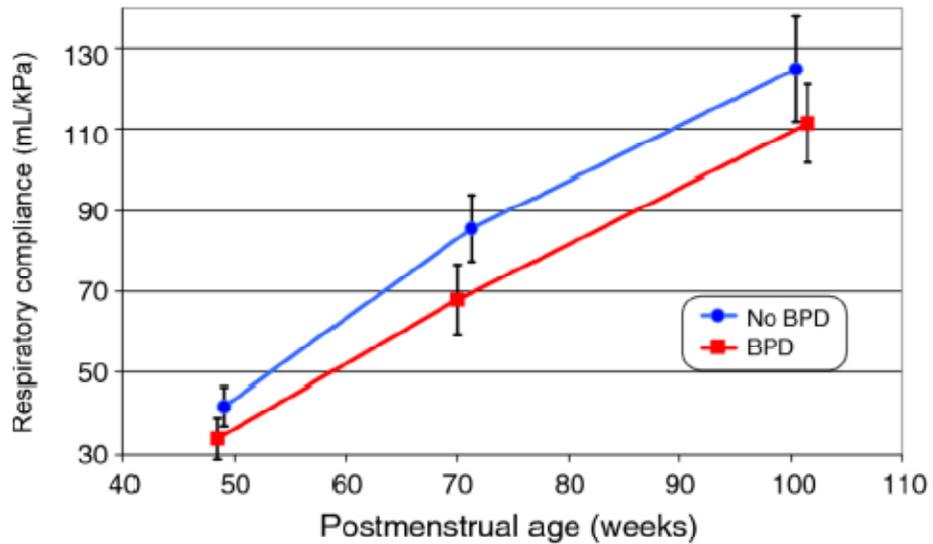
B: $P_{BPD} = 0.929$

INTERACTION

$P_{AB} = 0.025$

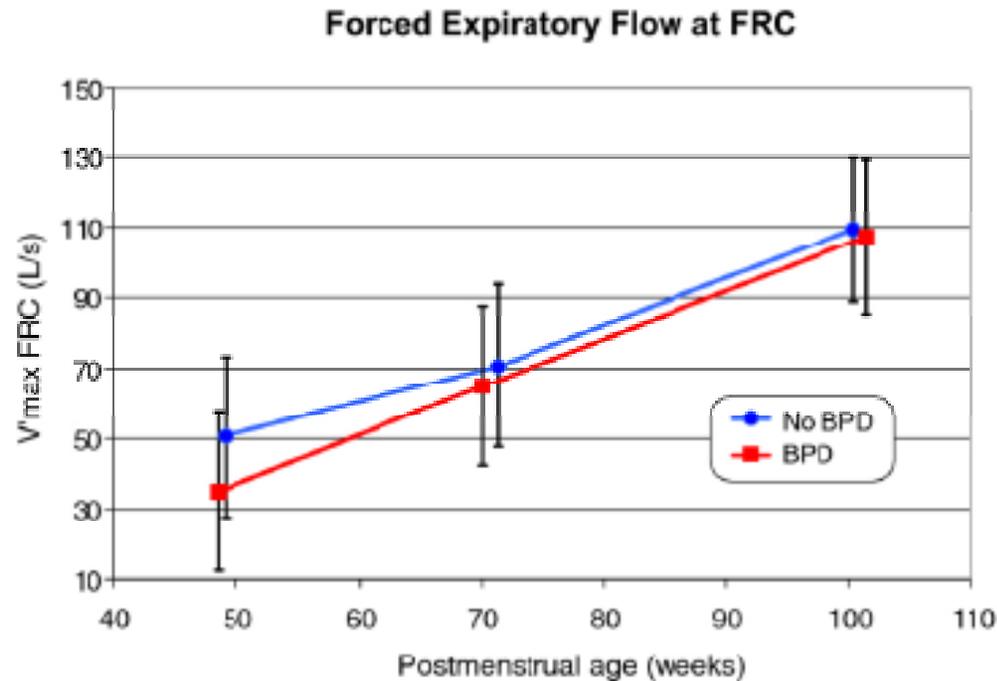


Mecánica respiratoria





■ Flujos espiratorios $V'_{\max\text{FRC}}$



□ **Conclusiones:** Con el crecimiento somático los parámetros funcionales respiratorios de bebés prematuros con DBP permanecen por detrás de los bebés prematuros sin DBP. Después del alta hospitalaria sería interesante una evaluación longitudinal para detectar aquellos que no logren una recuperación completa.



Malformaciones pulmonares



Lung Function of Infants with Congenital Lung Lesions in the First Year of Life

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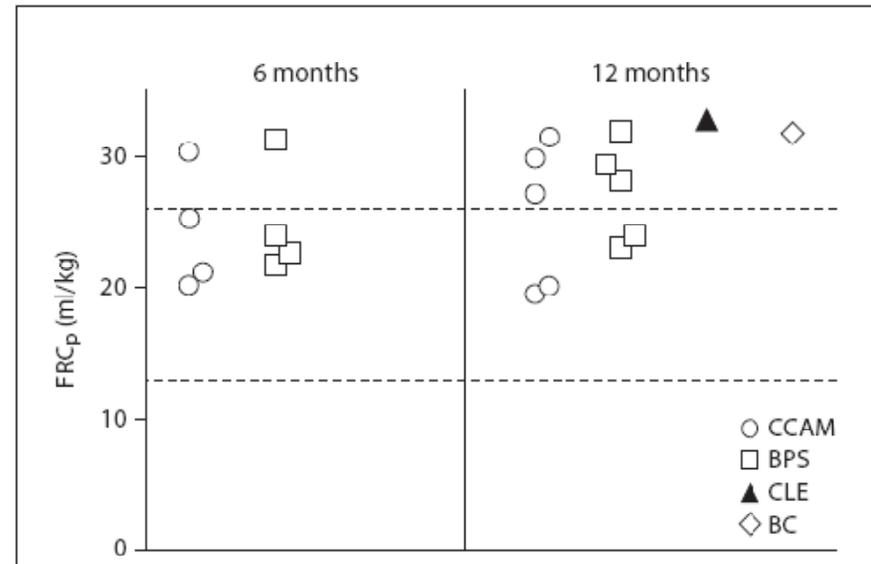
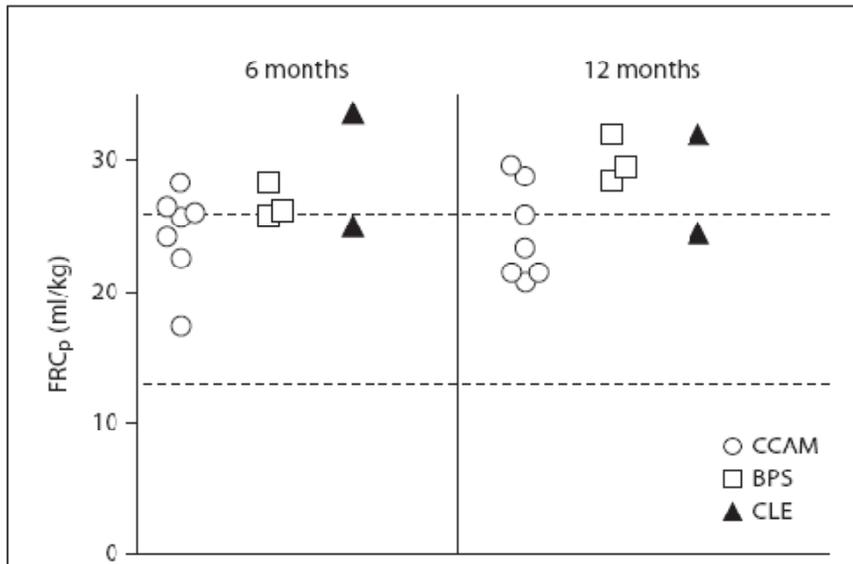


Table 1. Patient characteristics

Variables	Total	Observation group	Surgical group	p value
Number	30	17	13	
Males	21 (70)	13 (76)	8 (62)	0.385
Gestational age, weeks	39.1 (38.0–41.0)	39.6 (37.1–41.6)	40.0 (34.7–41.7)	0.950
Birth weight, g	3,490 (3,000–4,505)	3,585 (2,450–4,200)	3,730 (2,925–4,505)	0.601
Type lung lesion				0.887
CAM	17 (57)	10 (59)	7 (54)	
BPS	9 (30)	5 (29)	4 (31)	
CLE	3 (10)	2 (12)	1 (8)	
BC	1 (3)	0	1 (8)	
Duration ventilation, days	0 (0–40)	0 (0–10)	2 (0–40)	<0.001
Conventional	0 (0–38)	0 (0–10)	2 (0–38)	<0.001
HFO ventilation	0 (0–11)	0	0 (0–11)	0.016
Duration oxygen supply, days	4 (0–42)	0 (0–10)	5 (0–42)	<0.001

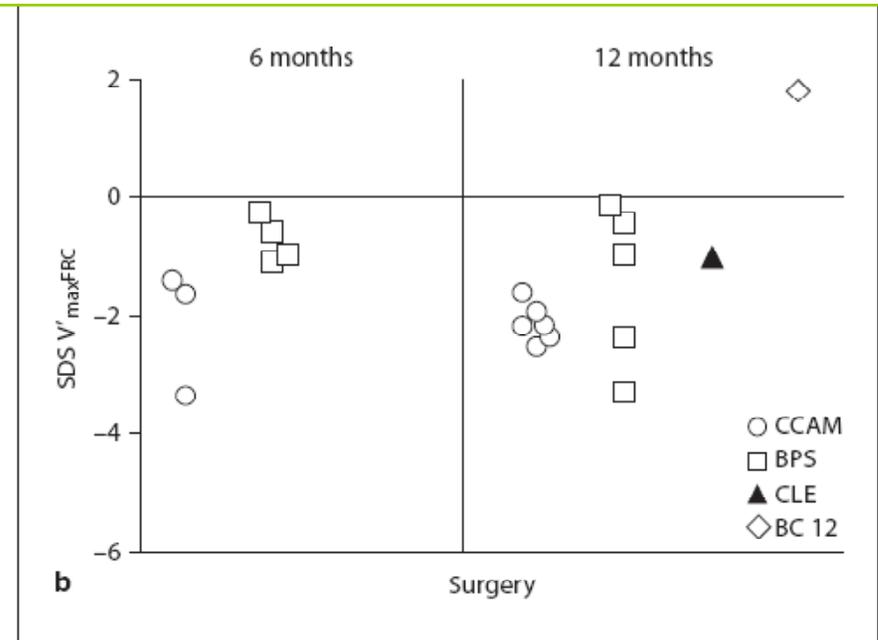
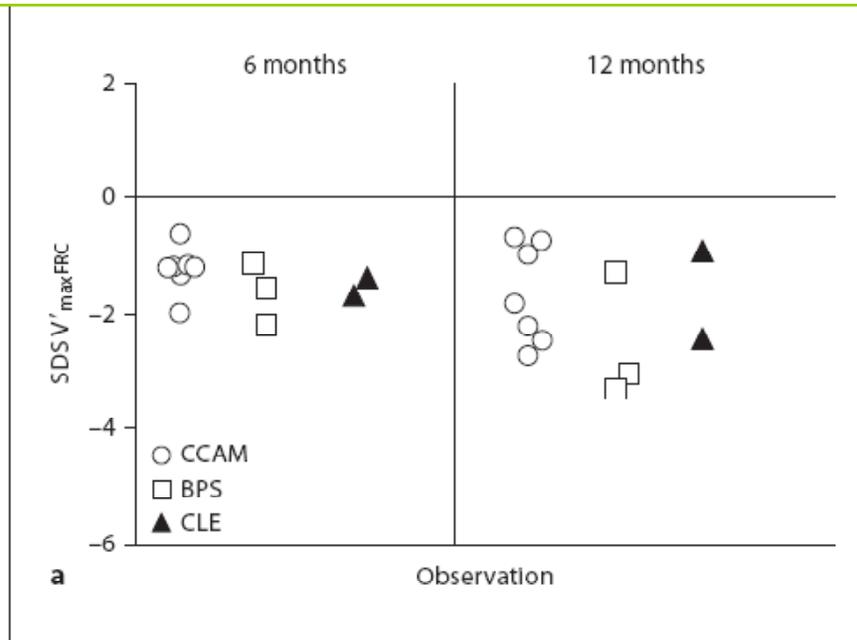
- V'maxFRC y CRF
- 6 y 12 meses de edad

CFR



Conclusiones: No encontraron diferencias en los parámetros de fx pulmonar entre ambos grupos

V' maxFRC





✚ Fibrosis Quística

Cystic fibrosis



ORIGINAL ARTICLE

Lung function is abnormal in 3-month-old infants with cystic fibrosis diagnosed by newborn screening

Chudleigh,¹

Nallis,¹

Ah-Fong Hoo,¹ Lena P Thia,² The Thanh Diem Nguyen,² Andrew Bush,³ Jane Sooky Lum,² Deeba Ahmed,² Ian Balfour Lynn,³ Siobhan B Carr,⁴ Richard J Chavasse,⁵ Kate L Costeloe,⁶ John Price,⁷ Anu Shankar,⁸ Colin Hilary A Wyatt,⁷ Angela Wade,⁹ Janet Stocks,² on behalf of the London Cystic Fibrosis Collaboration (LCFC)

■ 3meses de edad

■ LCI

■ CFR_{plet} , C_{rs} , R_{rs}

■ $FEV_{0.5}$, FVC , FEF_{75} , FEF_{25-75}

Fx pulmonar anormal: Fuera del 95% del límite normal

(ej. -1.96 z score $FEV_{0.5}$)

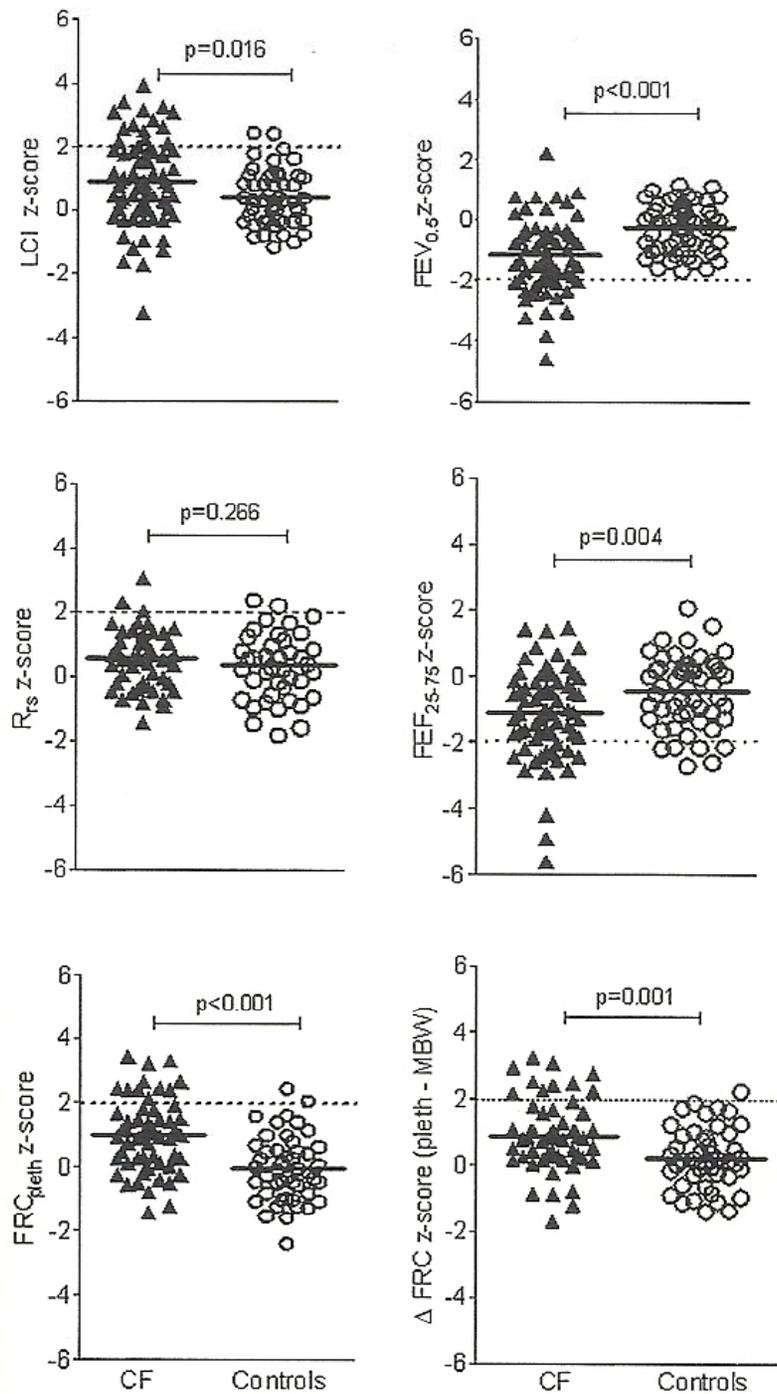
} Jaeger Baby Body®



Cystic fibrosis

Table 3 Comparison of lung function in 71 infants with cystic fibrosis and 54 healthy controls

Variables according to test order	n	Infants with CF	n	Healthy controls	Δ (95% CI) CF – controls	p Values
Multiple breath washout						
LCI, z-score*	70	0.90 (1.38)	51	0.39 (0.88)	0.51 (0.10 to 0.91)	0.016
FRC _{MBW} , z-score*	70	0.15 (0.95)	51	-0.23 (0.86)	0.38 (0.05 to 0.71)	0.023
Tidal breathing						
Respiratory rate, z-score†	71	-0.01 (1.43)	54	0.02 (1.21)	-0.03 (-0.50 to 0.44)	0.897
Tidal volume, z-score†	71	0.20 (1.19)	54	-0.22 (1.09)	0.42 (0.01 to 0.82)	0.044
t _{PTEF} /t _E , z-score†	71	0.22 (1.05)	54	0.41 (1.0)	-0.19 (-0.56 to 0.18)	0.312
Passive mechanics						
C _{rs} , z-score†	47	0.22 (1.48)	41	0.14 (0.96)	0.08 (-0.44 to 0.60)	0.763
R _{rs} , z-score†	47	0.52 (0.94)	41	0.28 (1.04)	0.24 (-0.18 to 0.66)	0.237
Plethysmography						
FRC _{pleth} , z-score†	56	0.77 (1.15)	47	-0.08 (1.03)	0.85 (0.43 to 1.28)	<0.001
ΔFRC z-scores (pleth – MBW)	55	0.68 (1.10)	45	0.19 (0.92)	0.48 (0.08 to 0.88)	0.018
Raised volume technique						
FEV _{0.5} , z-score‡	68	-1.17 (1.20)	52	-0.25 (0.80)	-0.92 (-1.29 to -0.56)	<0.001
FVC, z-score‡	68	-0.45 (1.07)	52	0.15 (0.71)	-0.60 (-0.92 to -0.28)	<0.001
FEF _{25–75} , z-score‡	68	-1.11 (1.38)	52	-0.46 (1.08)	-0.66 (-1.10 to -0.21)	0.004
FEF ₇₅ , z-score‡	68	-0.74 (1.19)	52	-0.22 (1.11)	-0.53 (-0.95 to -0.11)	0.015



- ✚ **Conclusiones:** A pesar del diagnóstico temprano en bebés con FQ detectados por PN se observó fx pulmonar anormal a los 3 meses de edad (insuflación pulmonar y disminución de los flujos espiratorios)
- ✚ El seguimiento de esta cohorte es de importancia para determinar si persisten estas alteraciones durante el primer año de vida.



Evaluation and use of childhood lung function tests in cystic fibrosis

Janet Stocks, Lena P. Thia, and Samatha Sonnappa

KEY POINTS

- Considerable evidence exists to support use of LFTs as objective outcomes in clinical research involving infants and young children with CF.
- Newly diagnosed infants with CF have airflow obstruction at diagnosis, even in the absence of overt respiratory symptoms.
- The raised volume thoracoabdominal compression technique is useful in assessing airway disease from forced expiratory maneuvers in infants with CF and, with suitable adaptations, technically acceptable spirometry results can be obtained in children from 3 years of age.
- The LCI, derived during tidal breathing by MBW of an inert tracer gas is applicable at all ages and is much more sensitive to early CF lung disease than spirometric outcomes.
- New global 'all-age equations' are now available to allow seamless interpretation of spirometric results from 3 to 90 years of age, which should facilitate comparison of outcomes within and between centers worldwide.



Correlation Between Lung Function And Nutritional Outcomes In Infants With Chronic Lung Disease

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¹Children's Hospital, La Plata, Argentina, ²CHILDREN'S HOSPITAL, LA PLATA, Argentina

Corresponding author's email: vir.dalessandro@gmail.com

Rationale

It is a well known fact that an adequate nutrition constitutes a basic pillar in infants chronic lung disease treatment. However there still few evidence in the literature showing specific quantitative relationships between nutrition and chronic lung diseases in children.

Objective

To study the correlation between lung function and nutritional status in a sample of children up to 3 year old suffering from chronic lung disease.

Methods

Cross sectional study. We studied children under 3 year old with chronic lung disease: Group 1 Bronchopulmonary Dysplasia (BPD), Group 2 Postviral Chronic Lung Disease (PCLD), Group 3 Esophageal Atresia (EA) and Group 4 Cystic Fibrosis (CF). We evaluated Maximal Expiratory Flow at FRC (V_{max}FRC) using rapid thoracic compression with Jaeger[®] equipment, and nutritional parameters such as z score height / age (z H/A), z score weight / age (z W/A) and z score weight / height (z W/H). The outcomes were analyzed using Pearson correlation.

Results

The total sample included 74 children (Table 1.). Mean values obtained were: V_{max}FRC 181.2 ml / sec, z score V_{max}FRC -1.20, z H/A -2.13, z W/A -1.25 and z W/H -0.13. Positive correlation was observed between z score W/H and z score V_{max}FRC for all groups. For CF and PCLD it was found a significant correlation of about 50%, whereas it was lower for DBP and EA. The differences were statistically significant only in CF (p 0.01).

Table 1. Correlation between z score W/H and z score V_{max}FRC in all groups

	Z score V _{max} FRC
DBP (n=17) z W/H	0.25
PCLD (n=12) z W/H	0.48
EA (n=19) z W/H	0.12
CF (n=27) z W/H	0.50*

* p 0.01

Conclusions

The tested sample showed positive correlation between z score of W/H and z score V_{max}FRC for all groups. Highest correlation was observed in the CF group being significant at the 1% level, followed by PCLD, DBP and EA.

This abstract is funded by: None

Am J Respir Crit Care Med 187;2013:A1784

Internet address: www.atsjournals.org

Online Abstracts Issue



Conclusiones

- FP en lactantes con tos crónica es un método de estudio utilizado con fines de investigación y epidemiológicos
- Está trabajando para obtener nuevos valores de referencia, dada la amplia variabilidad
- Estandarización en los protocolos de estudio



Espirometría en preescolares VS Enfermedad Pulmonar crónica



AMERICAN THORACIC SOCIETY DOCUMENTS



An Official American Thoracic Society Workshop Report: Optimal Lung Function Tests for Monitoring Cystic Fibrosis, Bronchopulmonary Dysplasia, and Recurrent Wheezing in Children Less Than 6 Years of Age

Margaret Rosenfeld, Julian Allen, Bert H. G. M. Arets, Paul Aurora, Nicole Beydon, Claudia Calogero, Robert G. Castile, Stephanie D. Davis, Susanne Fuchs, Monika Gappa, Per M. Gustaffson, Graham L. Hall, Marcus H. Jones, Jane C. Kirkby, Richard Kraemer, Enrico Lombardi, Sooky Lum, Oscar H. Mayer, Peter Merkus, Kim G. Nielsen, Cara Oliver, Ellie Oostveen, Sarath Ranganathan, Clement L. Ren, Paul D. Robinson, Paul C. Seddon, Peter D. Sly, Marianna M. Sockrider, Samatha Sonnappa, Janet Stocks, Padmaja Subbarao, Robert S. Tepper, Daphna Vilozni; on behalf of the American Thoracic Society Assembly on Pediatrics Working Group on Infant and Preschool Lung Function Testing

THIS OFFICIAL STATEMENT OF THE AMERICAN THORACIC SOCIETY (ATS) WAS APPROVED BY THE ATS BOARD OF DIRECTORS OCTOBER 2012

Revisión de estudios de espirometría en Fibrosis Quística, DBP y Sibilancias recurrentes en edad preescolar



Fibrosis Quística (FQ)



- Niños con FQ: Espirometría aceptables con anormalidades en la fx pulmonar leves (Z score)
- Menos sensible para la detección de cambios tempranos que LCI

1. Kozłowska WJ. Lung function from infancy to the preschool years after clinical diagnosis of cystic fibrosis. *Am J Respir Crit Care Med* 2008;178:42–49.
2. Marostica PJ. Spirometry in 3- to 6-year-old children with cystic fibrosis. *Am J Respir Crit Care Med* 2002;166:67–71.
3. Nielsen KG. Serial lung function and responsiveness in cystic fibrosis during early childhood. *Am J Respir Crit Care Med* 2004;169:1209–1216.
4. Viložni D. Spirometry in early childhood in cystic fibrosis patients. *Chest* 2007;131:356–361.
5. Mayer OH. Lung function in 3–5-year-old children with cystic fibrosis. *Pediatr Pulmonol* 2008;43:1214–1223.
6. Aurora P. Lung clearance index at 4 years predicts subsequent lung function in children with cystic fibrosis. *Am J Respir Crit Care Med* 2011;183:752–758.



ESPIROMETRIA EN PACIENTES PREESCOLARES CON FIBROSIS QUISTICA (FQ)

D 104

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Centro Provincial de Fibrosis Quística. Hospital "Sor María Ludovica".
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INTRODUCCIÓN

La espirometría juega un rol fundamental en la evaluación y el seguimiento de la afectación pulmonar en niños mayores, adolescentes y adultos con FQ. Sin embargo, existen pocos datos referentes a niños en edad preescolar.

OBJETIVOS

Evaluar la función pulmonar con espirometría en preescolares con FQ.

Población: Pacientes con FQ entre 2 y 6 años de edad, clínicamente estables, asistidos en el Centro Provincial de Fibrosis Quística de la Pcia de Buenos Aires.

MATERIALES Y MÉTODOS

Estudio transversal. Se incluyeron 45 pacientes con FQ y 42 controles sanos. Se empleó un equipo Medical Graphics 1070. Se consideraron maniobras aceptables si las curvas flujo volumen obtenidas reunían estos criterios: -rápido ascenso hasta pico flujo, descenso gradual hacia el eje del volumen y tiempo espiratorio (TE) mínimo de 1,5 segundos. Cada paciente realizó 3 curvas aceptables con una diferencia de CVF entre una y otra maniobra de 5% o menos. Se seleccionó para el análisis la curva con la mayor

suma de CVF y $VEF_{1.}$. Se evaluó: CVF, $VEF_{1.}$, FEF_{25-75} , $VEF_{1.}/CVF$, $VEF_{0.5}/CVF$ y TE. En el grupo con FQ se determinó si hubo diferencias significativas en cuanto a: sexo, suficiencia pancreática, pesquisa neonatal (PN), *Pseudomonas Aeruginosa* en secreciones bronquiales y mutación genética.

RESULTADOS

32 de 45 niños con FQ (71%) y 31 de 42 controles (73%) realizaron las maniobras satisfactoriamente. Los niños con FQ presentaron menor CVF, $VEF_{1.}$, FEF_{25-75} que los controles sanos y las diferencias fueron significativas ($p < 0.05$) para mayores de 4 años. En el grupo con FQ, los diagnosticados por PN y los varones tuvieron $VEF_{1.}$ y FEF_{25-75} mayores ($p < 0.001$).

X	Edad (años)	Talla (cm)	CVF (L)	$VEF_{1.}$ (L)	FEF_{25-75} (L/s)	$VEF_{1.}/CVF$	$VEF_{0.5}/CVF$	TE (seg)
Sanos	4.62	108	1,05	0,99	1,53	95	78.14	2.1
FQ	4.71	105	0,89	0,80	1,12	91	75.66	1.7

CONCLUSIONES

Nuestro grupo de pacientes con FQ tuvo menor función pulmonar que los sanos de la misma edad; hubo diferencias significativas según sexo y diagnóstico por pesquisa o síntomas. La espirometría puede emplearse en preescolares con FQ como método de evaluación de la enfermedad pulmonar.



Displasia Broncopulmonar (DBP)



- Escasez de datos sobre espirometría preescolar en niños con DBP
- No hay datos que demuestren que la espirometría sea útil en esta población
- Obstáculo: Función cognitiva de los niños con DBP

1. Sinkin RA. School-age follow up of prophylactic versus rescue surfactant trial: Pulmonary, neurodevelopmental, and educational outcomes. *Pediatrics* 1998; 101:E11.
2. Burns YR, Danks M, O'Callaghan MJ, Gray PH, Cooper D, Poulsen L, Watter P. Motor coordination difficulties and physical fitness of extremely-low-birthweight children. *Dev Med Child Neurol* 2009;51: 136–142.



Sibilancias recurrentes

- Espirometría puede ser útil en establecer la fx pulmonar basal y determinar la rta BDP
- Datos escasos acerca de la prevalencia de rta BDP
- Los estudios han encontrado que un aumento postBD entre el 12-15% en $VEF_{0.5}$, $VEF_{0.75}$, VEF_1 en niños con diagnóstico clínico asma
- FEF_{25-75} no se recomienda

Vilozni D, The role of computer games in measuring spirometry in healthy and “asthmatic” preschool children. *Chest* 2005;128: 1146–1155.

Dundas I, Chan EY, Bridge PD, McKenzie SA. Diagnostic accuracy of bronchodilator responsiveness in wheezy children. *Thorax* 2005;60: 13–16.



Otros métodos de evaluación

- Técnica de interrupción
- Técnica de oscilación forzada
- Técnica de lavado de gases inertes

Artículo original

Arch Argent Pediatr 2013;111(6):495-501 / 495

Evaluación de la medición de las resistencias pulmonares por técnica de interrupción

Assessing the measurement of airway resistance by the interrupter technique

*Dra. Yolanda Zuriarrain Reyna^a, Lic. Alejandro López Neyra^a,
Lic. Verónica Sanz Santiago^a, Enf. Esmeralda Almería Gil^a y Lic. José Ramón Villa Asensi^a*



Escolar-Adolescencia

Asma

Medical Graphics Corporation
 Cardiopulmonary Diagnostic Systems
 350 Oak Grove Parkway, St. Paul MN 1-800-333-4137

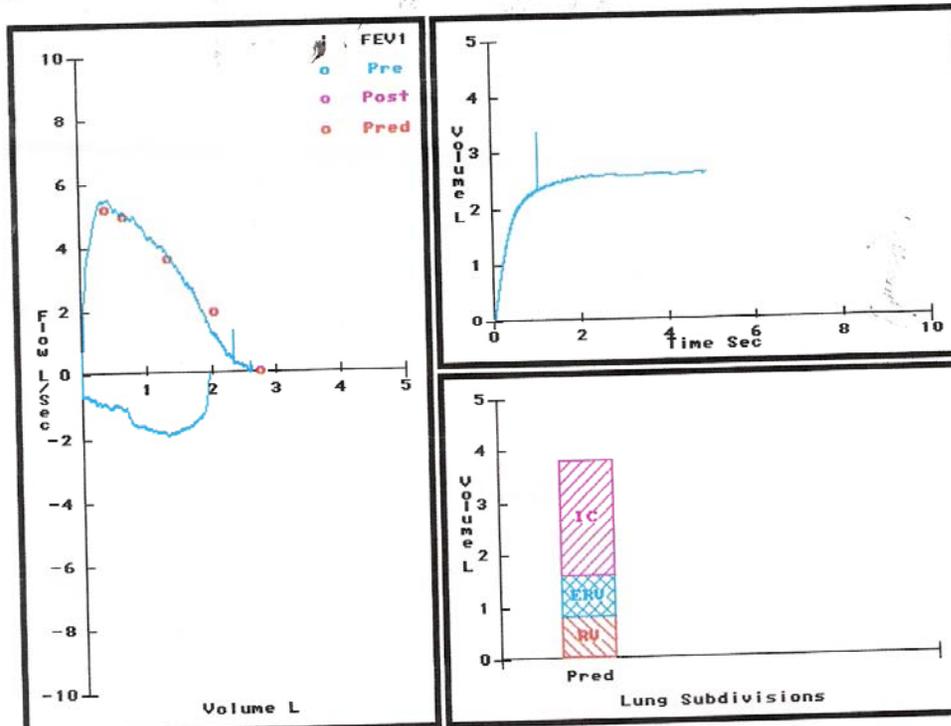
Name:) ID: AMARILLO8214 Date: 3-May-05
 Race: Caucasian Height: 150.40 cm Weight: 38.4 kg Sex: M
 Room: BSA: 1.28 Age: 12 yr
 Dr. : Technician: ESTELA



<u>PRE-BRONCH</u>			<u>POST-BRONCH</u>		
Actual	Pred.	%Pred.	Actual	%Pred.	%Chng

LUNG MECHANICS

FVC	(L)	2.62	2.78	94	
FEV1	(L)	2.34	2.42	97	
FEV1/FVC	(%)	89	87		
FEF 25%	(L/sec)	5.08	4.93	103	
FEF 50%	(L/sec)	3.89	3.58	109	
FEF 75%	(L/sec)	1.48	1.93	76	
FEF MAX	(L/sec)	5.51	5.14	107	
FEF 25-75%	(L/sec)	3.28	2.76	119	
FEF 75-85%	(L/sec)	1.00			
FIVC	(L)	1.97			
FIF 50%	(L/sec)	1.72			
FEF 50%/FIF 50%		2.27	.9-1.0		



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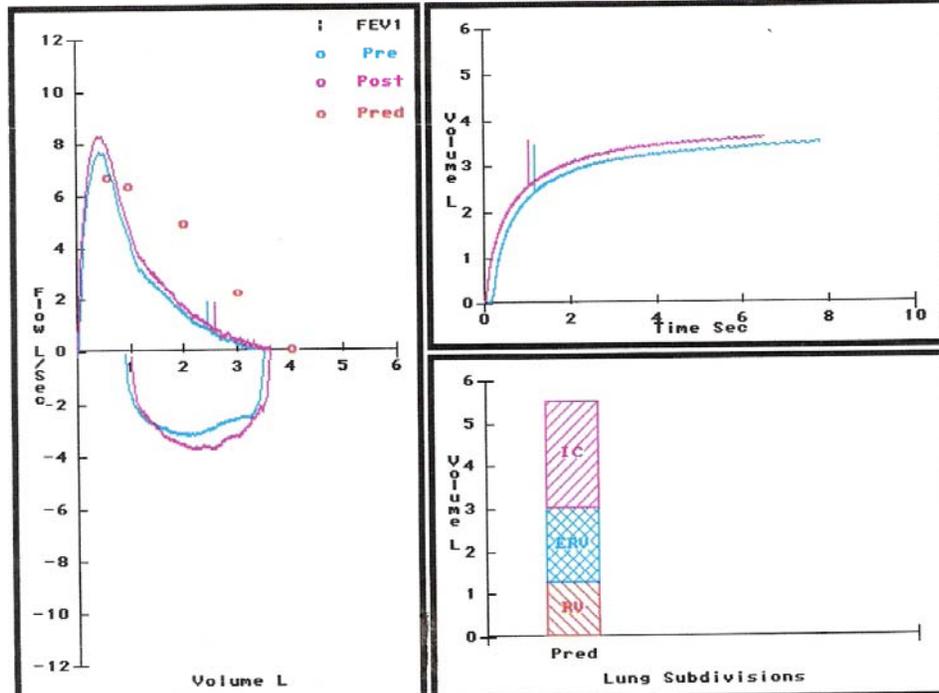
Name: ID: AMARILLO 8183 Date: 2-Jun-0
 Race: Caucasian Height: 170.00 cm Weight: 58.5 kg Sex: F
 Room: BSA: 1.68 Age: 17 yr
 Dr. : Technician:



	<u>PRE-BRONCH</u>			<u>POST-BRONCH</u>		
	Actual	Pred.	%Pred.	Actual	%Pred.	%Chng

LUNG MECHANICS

FVC	(L)	3.50	4.07	86	3.63	89	4
FEV1	(L)	2.44	3.50	70	2.57	73	5
FEV1/FVC	(%)	70	86		71		1
FEV ₂₅	(L/sec)	4.87	6.32	77	5.52	87	13
FEV ₅₀	(L/sec)	1.96	4.88	40	2.24	46	15
FEF 75%	(L/sec)	0.60	2.20	27	0.79	36	32
FEF MAX	(L/sec)	7.66	6.64	115	8.26	124	8
FEF 25-75%	(L/sec)	1.54	4.17	37	1.82	44	18
FEF 75-85%	(L/sec)	0.41			0.56		37
FIVC	(L)	2.60			2.62		1
FIF 50%	(L/sec)	3.17	4.23	75	3.69	87	16
FEF 50%/FIF 50%		0.62	1.15		0.61		-2



Secuela Pulmonar Posviral

ORIGINAL ARTICLE

Pulmonary function of a paediatric cohort of patients with postinfectious bronchiolitis obliterans. A long term follow-up

Aleja La función pulmonar permaneció disminuída en 12 años ¹

Table 1 Study population of patients with postinfectious bronchiolitis obliterans

N	46
Male (%)	54
Age at diagnosis (months)*	14±3
CT scan with mosaic perfusion (%)	56
Adenovirus infectious detected (%)	55
Age (years) at initial lung function*	9.5±3
Duration of follow-up (years)*	12.5±3.5
No of spirometries	196
Spirometries per patient*	4.4±2.3
Z score BMI*	-0.5±1.3

* Mean±SD.

BMI, body mass index.

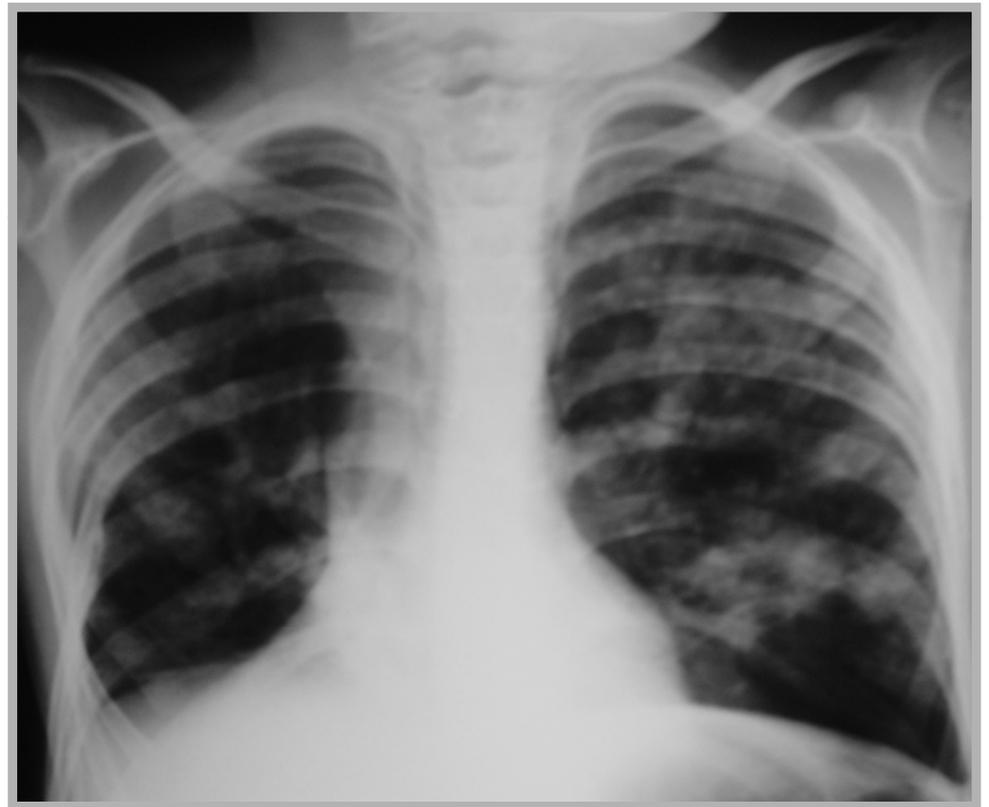
Table 2 Initial lung function of patients with postinfectious bronchiolitis obliterans

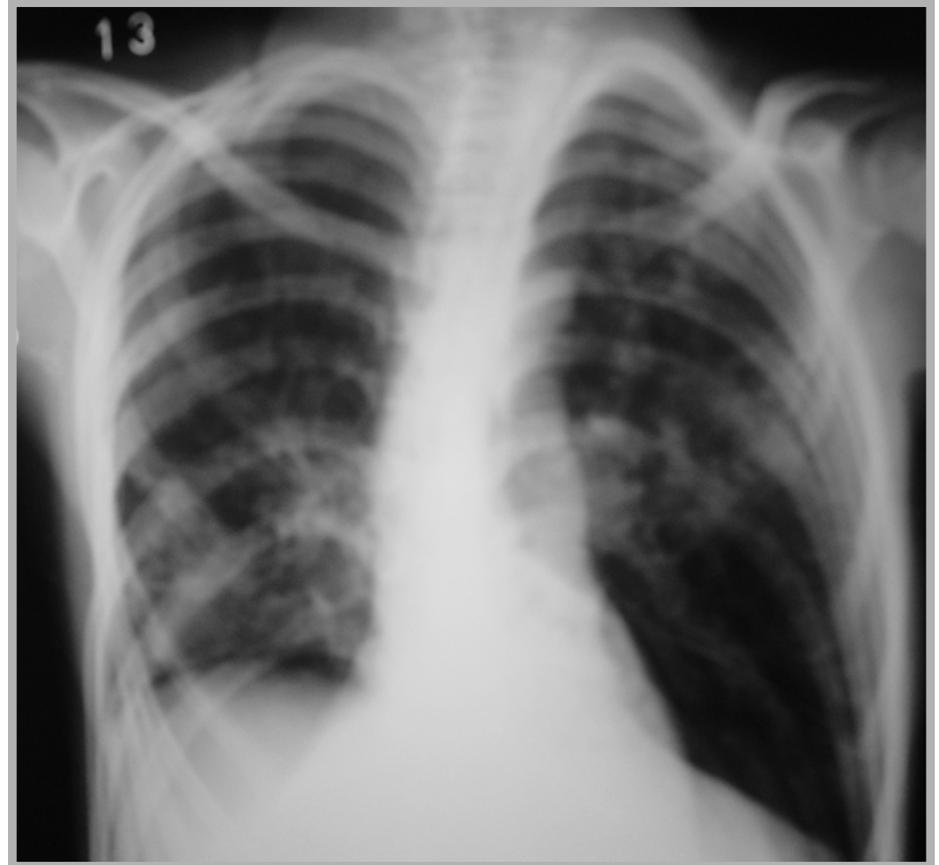
Variable	Values
FVC (z score)	-3.8±1
FEV ₁ (z score)	-4.3±1
FEV ₁ /FVC (z score)	-2.2±1
FEF ₂₅₋₇₅ (z score)	-3.7±1
TLC (%)	120±26
RV (%)	309±103
RV/TLC	55±13

Values are expressed as mean±SD.

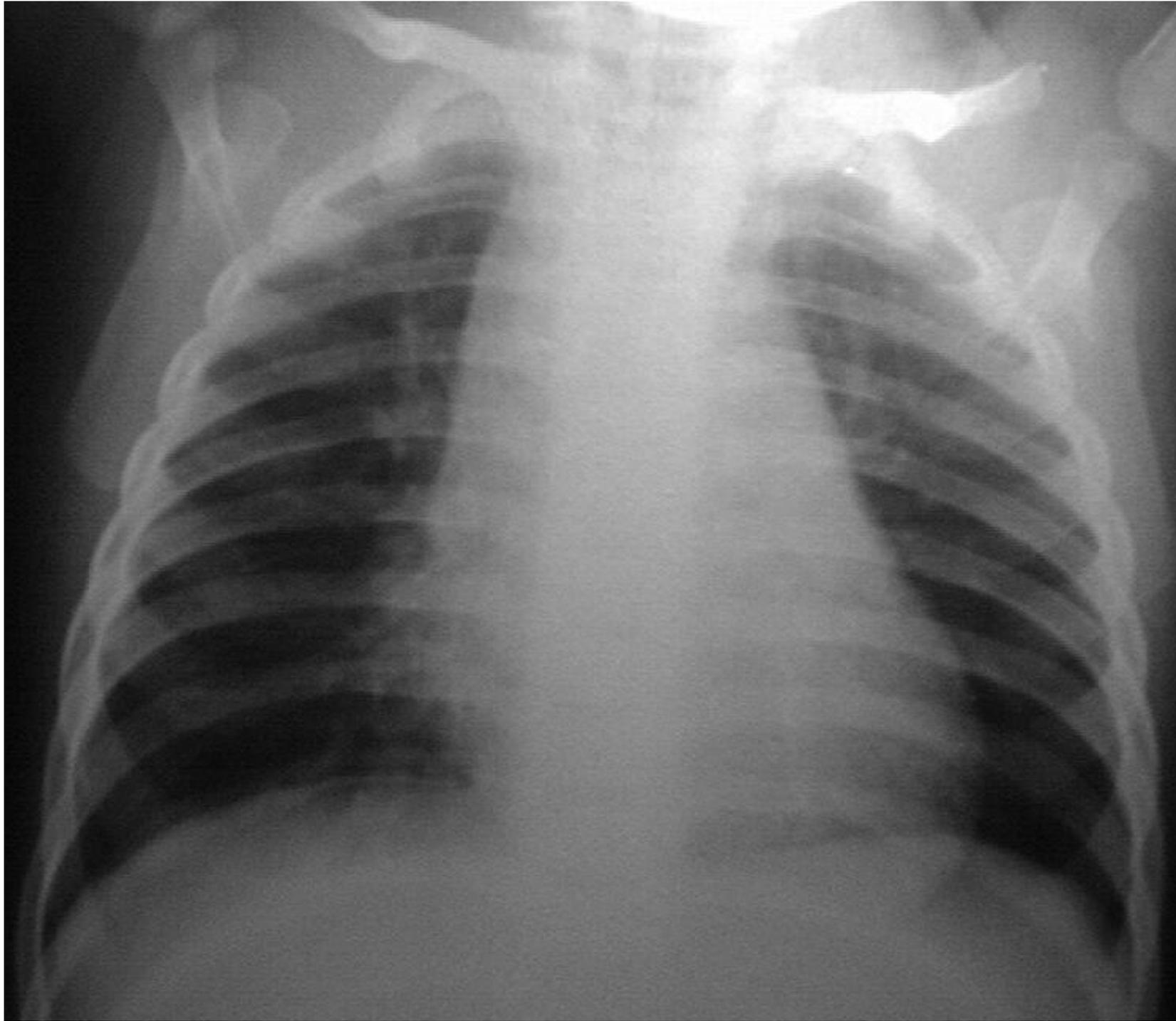
FEF, forced expiratory flow; FEV₁, forced expiratory volume in 1 s; FVC, forced vital capacity; RV, residual volume; TLC, total lung capacity.

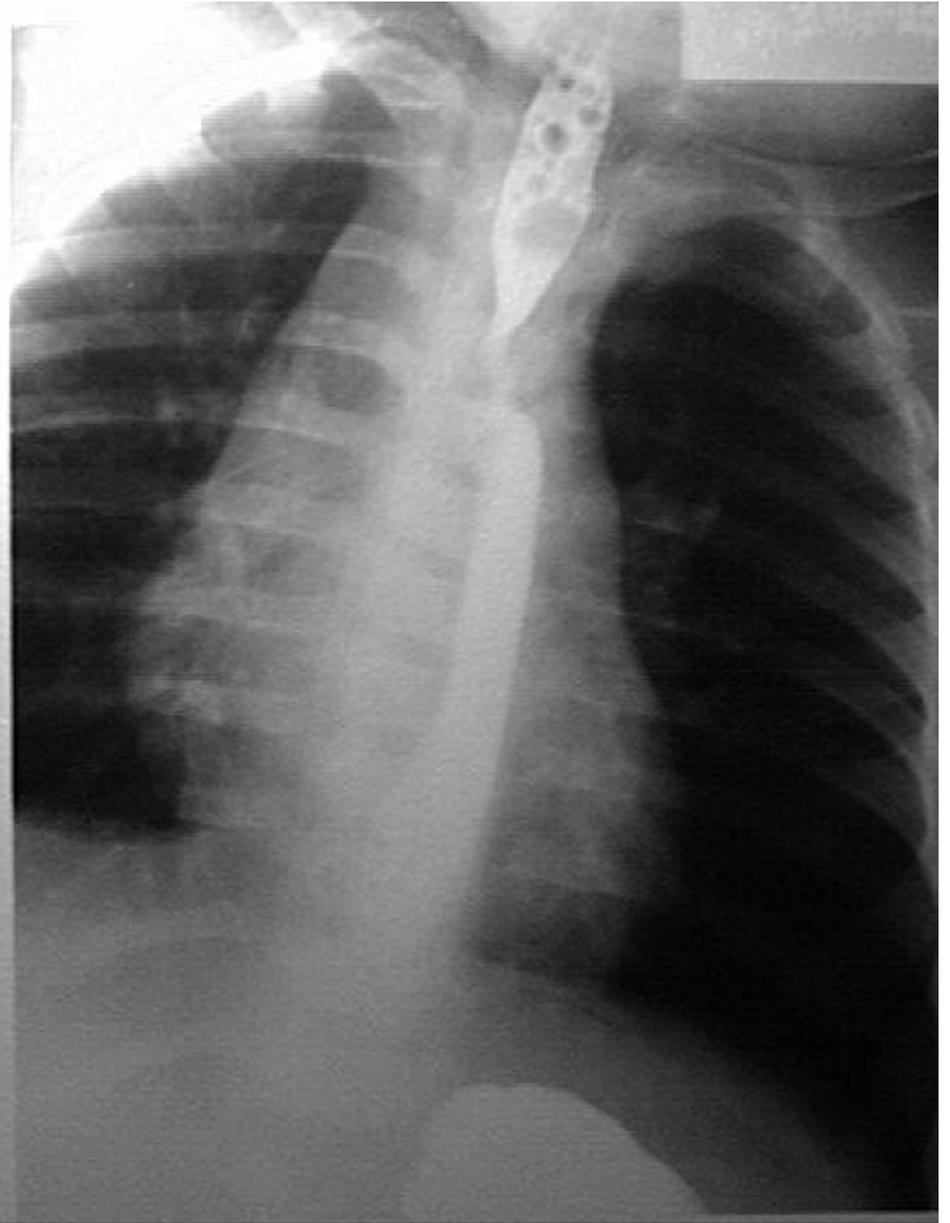
CC: 8 años de edad con parálisis cerebral, tos crónica y reiteradas internaciones por neumonías.





Secuela neurológica-Sme aspirativo





Anillo vascular

Volúmenes Pulmonares



- Diferenciación de patrones restrictivos y obstructivos.
- Medición de atrapamiento aéreo e hiperinsuflación.
- Respuesta al tratamiento
 - CRF/ CPT/ VR
 - VR/CPT

Difusión de CO (DLCO)



DLCO disminuida

Enfermedad obstructiva pulmonar
Enfisema
Fibrosis quística
Enfermedad intersticial pulmonar
Fibrosis pulmonar
Sarcoidosis
Lupus eritematoso sistémico
Artritis reumatoidea
Dermatomiositis
Enfermedad mixta del tejido conectivo
Enfermedades cardiovasculares
Estenosis mitral
Hipertensión pulmonar primaria
Tromboembolia pulmonar aguda o crónica
Otras
Enfermedades asociadas con anemia
Insuficiencia renal crónica

DLCO aumentada

Enfermedades asociadas con policitemia
Hemorragia pulmonar
Asma



Conclusiones

- ✚ Las pruebas de función pulmonar en pacientes con tos crónica son herramientas de ayuda para el diagnóstico y seguimiento
- ✚ Su utilidad dependerán según la edad y colaboración del niño